



ALL SAINTS C. E. PRIMARY SCHOOL
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Head Teacher Carol Gray
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Area: **PSHE**
**PERSONAL, SOCIAL AND HEALTH
EDUCATION POLICY**

Approved by: PPC
Date: Spring 2018

Ratified by: The Governing Body
Date:

Review Date: Spring 2019

All Saints is committed to safeguarding and promoting the welfare of Children and expects all staff and volunteers to share this commitment.

The Importance of PSHE

Our personal, social and health education (PSHE) programme promotes children's personal, social and economic development, as well as their health and wellbeing. It helps to give children the knowledge, skills and understanding they need to lead confident, healthy, independent lives and to become informed, active, responsible citizens.

At All Saints, children's wellbeing, happiness and safety are our first priority, and PSHE is the key vehicle through which we share this with children. We regard PSHE as an important, integral component of the whole curriculum; it is central to our approach and at the core of our ethos.

Our PSHE curriculum is broad and balanced, ensuring that it:

- Promotes the spiritual, moral, cultural, mental and physical development of our children and of society
- Prepares our children for the opportunities, responsibilities and experiences they already face and for adult life
- Provides information about keeping healthy and safe, emotionally and physically
- Encourages our children to understand how all actions have consequences and how they can make informed choices to help themselves, others and the environment.

PSHE curriculum provides learning that makes an essential contribution to:

Health & Wellbeing

Know and understand what constitutes a healthy lifestyle

Know how to maintain physical, mental and emotional health and wellbeing

Be aware of safety issues, including how to respond in an emergency

Know how to manage change, including puberty, transition and loss

Relationships

Develop and maintain a variety of healthy relationships within a range of social and cultural contexts

Know how to recognise and manage emotions within a range of relationships

Know how to recognise risky or negative relationships, including all forms of bullying and abuse, and ask for help Know how to respect equality and diversity in relationships

Living in the Wider World

Know the importance of responsible behaviours and actions

Be responsible and independent members of the school community

Be positive and active members of a democratic society

Know about the importance of respecting and protecting the environment

Develop self-confidence and self-esteem and make informed choices regarding

personal and social issues

Develop good relationships with other members of the school and the wider community

Know about where money comes from, keeping it safe and the importance of managing it effectively

Have a basic understanding of enterprise

Organisation / Provision

PSHE is delivered within a whole school approach which includes:

Dedicated curriculum time

Teaching PSHE through and in other subjects/curriculum areas

Circle Time

Specialised assemblies

PSHE activities and school events

Pastoral care and guidance

Visiting speakers

As a school we use a combination of the teacher led PSHE Framework and RULER Scheme of Work, which are explicit, structured, whole-curriculum frameworks and resources for teaching social, emotional and behavioral skills to children, to aid our delivery of PHSE. The framework has been developed so that there is progression throughout the school.

Relationships within School

Relationships at All Saints CE Primary School are based on an atmosphere of trust and respect for everyone. Our School Motto is 'All Saints, All People'. Children are encouraged to develop good relationships with their peers and all staff and to take responsibility for their own behaviour. All staff provide very good role models for children and work hard to promote a safe, happy environment. The children have an active School Council where two children from each class are elected to represent the class's views.

Equal Opportunities

We promote the needs and interests of all pupils, irrespective of gender, culture, ability or aptitude. Teaching pedagogy will take into account the ability, age, readiness and cultural backgrounds of the pupils to ensure that all can access the full PSHE education provision. We expect our pupils to show a high regard for the needs of others. PSHE education is an important vehicle for addressing both multicultural and gender issues and for ensuring equal opportunities for all.

SEND

As far as is appropriate, pupils with special educational follows the same PSHE education as all other pupils. Careful consideration is given concerning the level of differentiation needed, and in some cases the content or delivery will be adapted. Learning support assistants work with individual pupils where required, sometimes on a one-to-one basis. It is the school's policy not to withdraw young people with special educational needs from PSHE education to catch up on other national curriculum subjects, as we believe that these aspects of personal and social development are as

important as academic achievement.

Monitoring, Assessment and Recording

Children are informally assessed by staff throughout their work and the reports given to parents will reflect this. Recording of work will be in a form appropriate to the planned focus and will be shown in teacher's planning. Pupils have the opportunity to reflect on their own learning and personal experiences, and to set personal goals and agree strategies to reach them. The process of assessment has a positive impact on young people's self-awareness and self-esteem, and there are opportunities to record learning and progress in different ways. Written work may not always be appropriate and staff will use their professional judgment in this. Some children will be interviewed in accordance with the school's monitoring cycle.

Anna Spence (PSHE co-ordinator)

Appendices

PSHE Overview 2017-2018

